

THE AMBER FLAG INITIATIVE

Pieta's Amber Flag initiative celebrates communities that create healthy, supportive, and inclusive environments by promoting mental wellbeing. Here at Gortnor Abbey, we are committed to creating a safer space for everyone to express themselves, seek help, and support each other. We are committed to being part of a community across Ireland working to break the stigma surrounding mental health. We are very confident that we will achieve our Amber Flag status by the end of this academic year.



THE AMBER FLAG

PROMOTING POSITIVE MENTAL HEALTH

